

I don't have enough **FAITH**
to be an **ATHEIST**

with Dr. Frank Turek PODCAST

The 3 C's to Deliverance from Demonic Oppression with Dr. Karl Payne

(January 21, 2025)

FRANK:

Ladies and gentlemen, in the last podcast we had Dr. Karl Payne on to talk about spiritual warfare, particularly his book 'Spiritual Warfare: Christians, Demonization and Deliverance'. And if you come from a conservative, non-denominational background that's not charismatic, you probably haven't been taught much about spiritual warfare.

You've probably been just taught to ignore it or to say it doesn't really happen or even though the Bible talks about it in many different places. And so, I wanted to have Karl on because this book that he has written is so good. But before I get into it, Karl, you know you were the, you were the chaplain for the Seattle Seahawks for a number of years. You have a Super Bowl ring on. Don't you have a Super Bowl ring on right there?

KARL:

Yeah, I ended up with three of those, Frank.

FRANK:

Three? Did they, how did this, did the Seahawks win three times?

KARL:

No, but anytime you go to the Super Bowl, like this one is from '13 where we won. So, this one says Super Bowl World Champions. If you lose the game, they still give you a big honking ring. All it says is NFC champion or AFC champion.

FRANK:

I got it.

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KARL:

So, the players on both teams. So, I got an NFC championship, you know, from '06 when we were in Detroit, got the one where we won it in '13, and then got another one where NFC champion in '14. My deal with Mike Holmgren, I've worked with five different coaches. All right. Flores was the first one. So, you can date me when it goes back. But he said, he said, I want to help you raise money because I want you to stay here. Because I'd already been there four or five years when Mike came.

He said, I've heard a lot about you. And I said, well, I've heard a lot about you. And he, he smiled, and he says, what can I do? I want you to stay. And he said, I'll help you raise money. I said, no, I don't want any money. He looked at me and said, what? And I said, if I accept money from you, then one, players are going to wonder, am I on the side of the, you know, the white shirts and you know, am I going to sell them out or they're going to think the only reason I am here is because it gets me extra money.

So, I said, if you don't give me any money, then it takes that away and they just have to say, why would you be here? You don't ask for tickets, you don't ask for money, whatever. I said, I'm after your heart. So, I said that'll help with my work. He says, what do you want? I said, I want access to do my job. I want access to any place. I want to be able to talk to staff, ball boys, football players, VP's, anybody. I want access. He said, you got it.

He said, what's the second thing you want? I said, well, I know Pat Richie was your chaplain when you were in San Francisco. I said, he's got five Super Bowl rings because he throws them in my face. So someday maybe you'll get one of these. I said, if you can get Pat Super Bowl rings then you can get me a ring. And he says, well, yeah.

I said, so here's your deal. You give me access, and anytime we go to the Super Bowl, I get whatever ring the players get. He said, that's easy. I said, that's all I want. That's it. I said, access to do my job and a commitment I get Super Bowl rings when we go.

FRANK:

You served under Holmgren. You served under Pete Carroll. Did you serve under Chuck? They called him Ground Chuck.

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KARL:

No, he was gone, but he was. Flores was the first one, then Dennis was the second one for four years, then Mike was the next one for 10, and then Pete Carroll for about five or six. I started in '92 doing chapels. I started in '94 as the chaplain. That's a funny story, too. Someday I'll tell you. I stopped in 2015.

FRANK:

So, you were there with Hutch?

KARL:

Oh, absolutely. Hutch is the reason I'm up here, humanistically, is because Hutch said we used to do youth ministry together. I was in Spokane. He was here, and he said, someday we'll work together. I said, if the Lord makes that work, it'd be great. We became dear, dear friends. And I was down working with Dave Jeremiah. I was at Shadow Mountain.

FRANK:

Oh, yeah?

KARL:

On his staff. And Hutch said, I want you to work with me. And I said, I don't want to go back to Washington. He said, why? I said, I had Spokane. I said, first, I want to see the sun more often than I do, you know? I said, I want to be able to breathe fresh air instead of rain. And I said, God told me to get back where I was from, so I'm down in California.

He says, well, when you want to walk with God, come up and work with me. We talked about it for a long time. So, in '92, I agreed to leave Jeremiah. I left Jeremiah's church to come up, and I've been here since '92. So, I know Hutch very, very well. I told him just two days before he died. Now, I'm telling you stuff I don't tell very many. So, don't—

FRANK:

This is only on radio, Karl, so, you know, or our podcast anyway, so don't give away anything too much before we get into spiritual warfare. Go ahead.

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KARL:

Well, I'll just shut up. We'll go.

FRANK:

No, no, no. People want to hear it now!

KARL:

Okay. Well, all I said to him was, I said, pastor, you and I said we were going to grow old together, and this is 2013. And I said, we're supposed to both be older, working together. And then I stopped and thought about it and thought, well, we'd already worked together about 25 years, and we were both, you know, certainly not young kids. And I said, I guess we did grow old together, didn't we? And he nodded his head.

And I said, pastor, as long as I'm here, you know, you're clearly going to be with Jesus soon. I said, as long as I'm here, I'll do everything I can to keep this focused on Bible. You know, we're Bible based. We're multiethnic by design. We're Bible based by design. And I said, as long as I'm here, I'll do everything I can to be a part of keeping what you started, you know, as the premier founding pastor basically of that church.

FRANK:

Well, for those of you that don't know, Hutch was-- Ken Hutchinson, was it Ken?

KARL:

Yeah.

FRANK:

He was a linebacker and then he became a minister. He became a good friend to Rush Limbaugh, and he did a lot of work up there in the Seattle area. And we have a mutual friend. I have a very good friend, Jim Zorn, who's in the circle of honor there, the first quarterback for the Seahawks.

So, the last time I was with Jim, he gave me a Seattle Seahawks ball right here. And Jim's a great Christian man. For those of you that remember the left handed scrambling quarterback, one of

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the first ones was the great Jim Zorn and he still lives up there in the Seattle area, and is active, and does a lot of ministry work. So, great guy. The quarterback coach and former coach of the Washington Redskins, ladies and gentlemen. They were called the Redskins back then and they may be reverting back to that name, by the way, because even the Indian tribe is like, we like that name.

KARL:

Yeah, well, Zorn, Zorn, Jim and I, the Z man, you know? He claimed me as a friend, I think. I would sure claim him as a friend. We worked together. He was paid as football coach, and I guess I was there as a spiritual coach. But we both got to be turned loose on the Seattle Seahawks. That was a fun time for the years that we worked together.

FRANK:

We had a conversation on the main podcast about spiritual warfare and the book 'Spiritual Warfare: Christians, Demonization, and Deliverance'. And you got to go back and listen to that podcast, friends, because we can't repeat everything we talked about there. But I want to talk about at least two things today, Karl.

And the first thing I want to talk about with regard to spiritual warfare is how do Christians open themselves up to the demonic, maybe even inadvertently, because you talk about that in the book. And secondly, when it does happen, what does the Bible say we ought to do about it? So, let's start with question one. How do we inadvertently open ourselves up to being influenced by the demonic?

KARL:

Great questions, both of them. And if I'm not clear enough, you haul me back in. I would say that my answer to the first question, how do Christians get involved? Most of the time it's not deliberately. I mean, occasionally you'll get a Christian who I believe is born again but just goes off the rails.

Something happens and, you know, open themselves. I know I shouldn't be doing this, but. But most of the time it really isn't. I've said there are three different ways I understand Christians can get involved with demons. I say this in that book. I'll say the most common is habitual sin.

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And I go to the Ephesians 4 passage where Paul, who is clearly talking to believers, he says, you know, deal quickly with your sin, verse 26, and don't let it go down. Don't let the sun go down on you. Twenty-seven, why? You do not want to get tapas, a place, space, or territory to the devil.

We talked about that in our last session together. So, clearly, when I play games with habitual sin, what I'm saying to a demon is, I'm for sale. Now, demons are not omniscient. They're not all knowing. They're not omnipresent. So, demons can't take advantage of every Christian every time they sin. There aren't enough of them to do that.

But if I'm playing games long enough with sin, sooner or later there's going to be a hitchhiker coming along saying, if you don't want Christ controlling that, then apparently, you're okay if we rent a room. We don't own the home, but you're apparently inviting us in. Why? Because you're running from Christ on this.

So, my habitual sin can open the door. I would say secondly, generational sin. I've had people say, I don't like the thought of that. I go, I may not like the thought of it, but that doesn't mean it isn't real.

FRANK:

Yeah, what is that generational sin? What does that mean?

KARL:

I think it's the idea that I don't think it's much different from what it was before. The idea is think of, think of whether it's blessing or whether it's a problem. You know, when the king is told, I would wipe you out except for my promise to David. That guy is not getting a blessing of not being wiped out on his merit. It's because he was out of the line of King David and God had made promises to David. There are times when you get blessing, you call it grace. You don't deserve it.

There are other times, think of Jeremiah 16, when why is Judah being--? Because of the sins of their fathers. That's exactly what he says. I mean, I list, I don't know, 10, 15 verses in there

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where I'll say, you know, where we have in the New Testament, the generational sin is abrogated.

You know, am I under Jewish dietary law? No. Mark 7 says, I can eat what I want as long as it's with Thanksgiving. Romans 14, we're going to argue over food, you know, veggies and what-- Paul's, I love his response. Who are you, you know, to stand against another man's servant? One of them eats veggies, one of them doesn't. One of them drinks.

As long as what they're, one of them regards one day above another. Another one records the days all the same. They're doing it for the, you know, the one they follow. It's like, leave them alone, you know, kind of thing. So, I'm suggesting even in your Old and New Testament, you see, there are some things, the New Testament that are abrogated.

I no longer... Frank, I'll tell you what. I don't know about you, but I haven't taken a sheep, or a ram, or a dove to the church and say, slaughter it, because I need my sin covered. Hebrews 10 says, Jesus took away my sin forever with His sacrifice. So, the whole sacrificial thing is not necessary for a believer. You know, when I foul up, I go to 1 John 1:9. I confess my sin. He's faithful and just to forgive me. He picks me up, he cleans me off, and I say, let's look forward instead of backwards. I mean, Paul is in Philippians 3.

He's terrific with that. I wish I was perfect. I'm not. But something I've learned to do, putting the things behind me or behind I'm going on. But there are still things that are never abrogated from Old Testament. So, I'm saying, you know, moral law, I don't think that's abrogated. Civil law, I think there are plenty of things from the civil law that as a believer, I don't have to worry about. But the whole generational idea, there's nowhere saying you can ignore that. I have worked with hundreds of Christians.

I've worked with pastors and missionaries more than you would guess. They're not really crazy about people knowing, you know, as a pastor or missionary, they're dealing with this. And oftentimes with stuff it came from ancestral ties. So, I'll say my own sin, the habitual sin, it's a doorway. Ancestral sin can be a doorway. And then the third one, I don't have biblical support for the third one. All I can tell you is I've watched it happen enough times. I know there's a correlation. And when I talk with the Dickersons, or the late Buback, or Marcus Warner, or

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Dean Vanderme, some of the guys that I have a lot of respect for, they'll say, yeah, we see it all the time.

It's trauma, brain trauma. And I've said, I have now many times worked with Christians, some kind of brain trauma. And I'm just going to give you my best guess. I'm not signing off on this one like, I would say, habitual sin. I've got scriptural support saying, yep, ancestral sin got script. This one is just subjective experience, but I've seen it enough to know. I think when there's brain trauma, see, I think when we're told, resist the devil, he will flee from you. Think of James 4:7. Think of 1st Peter 5:6-9.

Resist the devil firmly in your faith. It's like I'm supposed to fight. I'm supposed to stand against, anthistémi. It means I oppose you. I absolutely stand against you. It's an active resistance. I think that sometimes when people have gone through severe trauma, I think instead of fighting, you know, maybe it's sexual trauma. I'm just scared to death, or that kind of thing. Maybe there's so much bitterness, I just go, yeah, God, you tell me in Matthew 5 to pray for him. I do. Kill him. That's my prayer. Kill that sucker. So, I'm praying—

FRANK:

It's an imprecatory psalm. Yeah.

KARL:

That's right. Yeah. So, I'm saying I think there are times when instead of me being actively engaged against, if I just go in neutral, I think the other side sometimes will say, let's poke around here and see if maybe if they were consciously involved in resisting us, we can't bother them that way. But if they're turned off and there's nothing there, maybe we can take advantage. Now, is that how that happens with trauma? I don't know, but somehow. So those are your three.

FRANK:

When you say generational sin, certainly there are consequences. If I'm an alcoholic, I'm going to bring forth negative consequences on my children. Are you saying it's more than that, though, Karl?

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KARL:

Oh, yeah. And I'm saying, I think it's kind of, you hinted at this. I am all for good doctors. I have referred people to doctors. I'm all for good counselors. I have referred people to counselors because sometimes things are physiological, sometimes they're mental, sometimes it can just be something else.

But I'm saying, here's what happens too often, and Christians buy into this, and I think they shouldn't buy into this. At least ask questions. Once I'm given a label that's-- You know, if you hear voices, a secularist is going to say, well, you're schizophrenic. I've given you a label. I've got some drugs I can give you.

It'll slow it down, won't take it away, but it will at least slow it down. And I'll say, and now you get mocked, don't you? What do you mean? Well, if it's demonic, it doesn't take it away. You get mocked. What do you mean? Well, see, doctors can't help you, counselors can't help you.

Pills don't help you. There's nothing that can help you. You're a waste. So, kill yourself. It's never going to change. And I've said that didn't come because, you see, the assumption from the secularist is you're not hearing voices. You think you're hearing voices, but you're not.

You know what? I've worked with more people that were diagnosed as bipolar, schizophrenic, manic. And again, it doesn't mean that there can't be those situations that have nothing to do with demons. But I think what happens is a secularist will say, none of that's real. There is no God, there is no Satan.

There aren't angels, there aren't demons. And once I give you a label, then it's cool because you've got a label. So, now what you do is you go passive. Why would I try and figure out how to get rid of something if it's just who I am and it's the way I am? So, I'm thinking it's just kind of a subtle way of saying, don't fight back. That anthistémi.

FRANK:

That's another way that Satan could, or a demon could get us going back to what C.S. Lewis originally said. One of the two errors is, there's a demon everywhere or they don't exist at all.

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If you don't think a demon exists at all and your problem really is demonic, you'll never know how to cure the problem then.

KARL:

Exactly right. Why try and cure something that isn't there?

FRANK:

Right.

KARL:

So that's why you'll get Christians that say, well, either they're not saved because I guess demons can bother non-Christians, or they're just weak, they don't know Scripture, or they're just making it up. Any of the three, we're not going to have to deal with it because you're a Christian. I'm going, what if they're a Christian that loves God, they walk with God, and yet they really are being haggled?

I'll give you two examples, one just straight from Scripture, and then one I'll give you for whatever this is worth, I think is illustrative. First, from Scripture, this is a verse that, one of the verses that people that don't want to have to deal with this in my circle, in other words, conservative evangelical Christian, typically, I don't want to have to mess with it. So, 2 Corinthians 11:1-4. Very, very interesting. Paul says what? He also tells us in 1 Corinthians, I'm your spiritual daddy.

We know Paul's the one that opened the church up at Corinth. He says, I'm your spiritual daddy. Put up with me. Verse 1. I'm concerned for you. Why are you concerned? I'm concerned for you least just as the serpent deceived Eve in her mind. So, where was the attack? It was mental. That would make sense to me.

Who was the one that was deceiving her? The serpent. Book of Revelation says the serpent, the devil, Satan, they're all one in the same. So, if there's any question about that, I'm concerned for you. Least as the serpent deceived Eve, in her mind, you're being deceived. Why?

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Well, you were walking in purity in your devotion to Christ. So, if someone says they weren't Christians, Paul says they were. Well, they were flaky Christians. No, he said they were walking in purity in their devotion to Christ. But he says, now there's something going on. You're being deceived the same way the serpent deceived Eve. Why?

He says, well, you teach Jesus, but it's a different Jesus. He says, you're involved with spirits, but it's not the spirit that you originally received who would be the Holy Spirit. And you're preaching a gospel, but it's not the true gospel, it's another gospel. And then he ends in verse four. It's idiomatic, but it means in your passive, you don't even fight against it. And their response is, well, they said they were apostles like you, teachers of righteousness like you.

In 13 to 15, he says, if Satan parades himself as an angel of light, why do you think his emissaries would not try to present themselves as teachers of righteousness and apostles? And he said, I'm saying. What am I saying? I'm saying, these were believers. These were believers and Paul said, got involved with spirits other than the one they had received.

But what kind of spirits are there other than the Holy Spirit that they received? Romans 8:9 says, if you don't have the Spirit, you don't belong to Christ. So, again he says, I led you to Christ. You're walking in purity, and yet your thinking, it's in the mind, has gotten so fouled up that you've moved from the true Jesus to a different Jesus.

He's still Jesus, just a different one, from involvement with spirits, the ones other than the one you had received. And yes, you preached the Gospel, but it's a different gospel. And he says you don't even fight. So, I think I think very interesting. That gets skipped. I'll give you an illustration.

FRANK:

Hang on. Let me just bring our audience up to speed on that. I thought you said 1st Corinthians 11. That's 2nd Corinthians 11.

KARL:

2 Corinthians 11:1-4.

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FRANK:

Go to 2 Corinthians 11:1-4 and then page a chapter back to 2 Corinthians 10, verses 3 to 5. That's where Paul says, we destroy arguments and take every thought captive to Christ. It's so much about truth, ladies and gentlemen. It's not so much a power encounter, it's a truth encounter. And when the Bible talks about Satan having schemes, a scheme is a mental plan to deceive you.

So, you've got to know what the scheme is. And in the show notes, we will put a link to an ancient, but not ancient 1600's book, a book written in the 1600's. I'll put the name of it. I can't think of it off top of my head, but it talks about Satan's schemes. And this author, this Puritan author, has about 60 or 70 ways that Satan tries to deceive us by certain lies that he tells us.

Remember we talked about it in the previous podcast that two main ways that Satan comes after us is by accusation. You know you're not good enough. You've done too much evil, or temptation. God is holding something back from you and you deserve that good thing that God doesn't want you to have. So, in that sense, you have no guilt.

In the accusation attack, you have too much guilt. It's an extreme either way. And so, read 2 Corinthians 10, 2 Corinthians 11 for what Dr. Payne was talking about there. Now, you said there is, that's a scriptural example. What was the example you were going to bring up?

KARL:

Well, I'll give you an illustration, but let me take one little detour, a quick one on something that you just said. I'm with you with what you just said. Great advice, great. But for people that actually work with this, sometimes you'll see people that like to divide themselves saying, this is a power encounter. This is a truth encounter. What I have said, I mean, I could give you a number of verses, but 1 Thessalonians 1:5 for me is as clear as any of them.

I don't play them against each other. If there's truth, if you're walking in truth, there will be power. If you have power over the other side, it's because you are in truth. So, I'll just say I don't get caught up too much in truth encounter, power encounter. I'll just say, let's learn how to recognize and respond to it and roll. So that's just a thought. Here's an illustration I wanted to share that. Back to your original question.

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See if this helps. I had in this office, in one of my two chairs. If you were in my office, you'd see I got a call from a fellow in the military, a special forces operator who had attempted to kill himself, and he was on his way up to a psych hospital. So, clearly someone's still wanting to invest in him. He's a captain by rank.

And someone got a hold of me and said, you're between him and where you're heading up to the big naval base up front. He's Special Forces, you know, would you be willing to talk with him? I said, sure, if he wants to talk. So, he comes in, Christian. And I said, what's up? I go, you're a Christian. Why in the world did you attempt to kill yourself? And he said, that's the voices and the thoughts.

And I said, what are you talking about? And I found a lot of this with soldiers by the way. I've got a buddy named Steve Prince. He's in Atlanta, Georgia. He's very good with this. And he works with soldiers that are struggling with this. The seculars, they'll just say it's just kind of a common issue of soldiers coming back. I'm saying, maybe, maybe there's some of that. But there's also enough of some of that.

They got exposed to some things other, and they're here and you're worthless. No one likes you. Steve does a good job with that. But anyway, so what this soldier says to me is, he says, I've been a Christian 17 years. I said, okay. He said, I'm a captain by rank. He said, I'm in charge of a group, you know, Special Forces, the kind of people that fly in and out like you see on TV.

Well, this is the real deal. I said, why in the world did you try to take your life? I said, you really didn't want to die. He said, how do you know that? I said, if you're Special Forces, you know how to kill yourself. I said, I don't think you really wanted to die. And I said, but there's clearly a [unintelligible]. He said, I'm just so tired of hearing I'm worthless, I'm no good, I don't deserve my rank, I don't deserve the responsibility I've had.

And he says, I don't see why God would let me go through this. Because he says, I don't know what you know about service, but a lot of Christians go deaf, dumb, and mute on Jesus and Christianity. And he said, I've been verbal about my faith for 17 years, and I'm respected by the soldiers I work with. So, where's this stuff coming with? You're worthless, you're no good, you know, you're not adequate as a Christian, you know, etc.

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And he said, it just wouldn't turn off. And he said, I did everything I know. It wouldn't turn off. And he said, I just finally got... I said, you got rummy, dummy. He said, how'd you know that? I said, I know how it works. I said, you ended up missing so much sleep that after a while you're making decisions that aren't so good, and then you're getting thrown in your face. See, you don't do anything right.

He said, man, that's exactly what was going on. And I said, can I ask you a question? He said, you can ask me anything you want, man. I'm here to... And I said, how much time do you spend prepping for people that can't hurt you? He said, what do you mean? I said, well, you're one of those guys that flies out in the night. And he goes, yeah. I said, how much time do you spend prepping for people that can't hurt you?

And he says, well, you ignore the people that can't hurt you. You've got to prep for the people that can hurt you. And I said, you've told me at least five, six times that you hear in your head you're worthless and you're no good, and yet Psalm 139 says, you're fearfully and wonderfully made. Ephesians 2:10 says, as a believer, you're walking in the good work God prepared for you beforehand.

Apparently, God thinks you have value, and since you're still breathing, he must still have a job for you. And yet you've been hearing over and over in your head, you're worthless until you're not sleeping, you do something stupid. I said, if you were really worthless, who would take the time to bother you? And he shoved back in the chair, and he said, I got played. He said, I was just beaten. He said, Karl, I was even confessing sin.

I didn't know if I'd sinned because I wanted to make sure, because I try to be real sincere about this, and then I get mocked for that, too. And then I hear, you're worthless. I said, I got news. You wouldn't waste time prepping for people that can't hurt you. Demons aren't going to waste their time on Christians that are sleeping. Leave them alone. Don't wake them up. And he said, it's like a backhanded compliment.

I said, yes, it is. He said, well, now I'm angry. I said, why are you angry? Because he said, I opened doors to him. You know, once I got discouraged like that, I started doing some things I shouldn't have done. I said, well, like what? He said, I started drinking. He said I wasn't a

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drinker. He said, I was just trying to figure out how to shut the voices down. And then he said, then as soon as I would start drinking, then I would hear, and you call yourself a Christian?

I mean, a Christian wouldn't do that. I thought you said God is all powerful. He can take care of everything. You're doing something you didn't do to try and shut this down. See, Jesus, if he really loved you, he wouldn't let you go through this. It's because he no longer loves you. In other words, it was just this cycle of back to the accusation of the arrows. So, when you say, how do people get involved? And he did very well. We identified the real enemy. That cat walked.

He walked in with his head down, just beat up. He walked out going, now I get the war. I said, welcome to battle. And apparently someone considers you enough of an enemy, they want to bother you. So, you can either go, oh, why me? Or you can go, apparently, God's doing something with me that the other side doesn't like. I'll take that as a compliment. That's why I say, perfect love casts out fear. Don't run from losers. Demons are losers. Don't run from them.

FRANK:

My mentor, Dr. Norman Geisler, used to say this. I'm the eternal optimist. If things are going well, God is blessing me. If things are going bad, I must be doing something well because Satan's after me.

KARL:

That's a good way. Absolutely. A good way. Or, Frank, I've said something like this. Now, remember, because I've got an athletic background too, you know? And I'll say, you know, if I ask the players, I say, how many of you enjoy strength coaches and going in after you're already beat and having to do, you know, do weight work? Most of them don't like it. I said, is that coach there to beat you up?

They'll go, no, that coach is there to make sure I'm standing whenever the people start giving up. And I say, he's your friend, not your enemy. Even if what he puts you through is what? Well, it's to make us stronger so we're standing. And I'm saying, if the only thing you did. Now catch this, Frank. I mean, maybe this is just simple, but if the only thing he did is work your upper body and never your legs, how long are you going to stay in the NFL?

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You can't stay in the NFL if you got weak legs. If the only thing he wanted to work was your legs, but he didn't work your upper body, your back. No, you're not going to stay in it. You've got to work your whole body, and they know how to do that. I'm saying, if God can be behind trials, which James 1:2-4 says, make us stronger, they give us strength. You think sometimes you're going to get the same thing over, and over, and over.

So, you've got the biggest right arm because you're going to throw a javelin, I guess. Or it's his job to say, man, I'm working the head sometimes. I'm working the arms. I'm working lower back. I said, when he says, do not, you know, count it all joy when you encounter various trials, I say, why would they be various? Because he's getting me ready for different ministry opportunities. If the only thing I catch is the same thing all the time, apparently the only thing he's using me for is to throw a javelin.

Most Christians, I want to hear him say, I can use you. I can use you. Nah, I can't use you there. You're not yet. So, 1 Corinthians 10:13 says, I got my arms around you. I'm not going to let something come at you such as it's common to man. God is faithful who will not allow you to be tested. So, when people say testing from God is evil, I go, no. If it's from God, it's to make you stronger.

Well, how come it has to be different? Because He's getting you ready for different opportunities and different ministries. So, don't shake your head and your fist at God when he's doing you a favor to make sure you're still standing when the enemies are the ones that are underneath your feet. And I'm saying, you got whole Christian groups that'll say, we don't talk about sin. We don't sin, you know, or sinlessly perfect. I go, let me talk to your spouse. Yeah right.

FRANK:

That's right. That's right. That's not the case. [Laughter] Hey, Karl, let's shift on over to question two because we're running out of time. I know you have to go soon. Question one was, you know, how do we become vulnerable? Sin, of course. You mentioned generational sin and you also mentioned trauma. And there's more in the book.

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The book is called 'Spiritual Warfare' by my guest, Dr. Karl Payne. Karl with a K. KarlPayne.org K A R L P A Y N E.org. We'll put it in the show notes, a couple of other resources for you. In fact, the book I was trying to think of earlier was a book written by Richard Baxter, a Puritan in the 17th century called 'Precious Remedies Against Satan's Devices.' And in fact, a sermon by Dr. Tim Keller points this out. I'll put Tim Keller's sermon in the notes as well.

I love so many of Tim Keller's talks. Of course he passed on a couple of years ago. I'll put that in the show notes as well, you'll want to listen to. But let's go on to the second question and that is, what can we do in order to deal with temptation, or accusation, or some of Satan's devices, schemes that he throws at us? Those flaming missiles. When Jesus was tempted, He prayed, He quoted Scripture back. I'm sure that's part of what we do. What else, what else do we do, Karl?

KARL:

I'll give you two primary responses, and they're predicated upon what's the level of involvement or what's the level of control? And let me say real quick, if you want this, if you don't, Frank, don't worry about it. But I had so many people ask me that question because it's a great question. I put together a little two page outline on one of the responses I called Offensive Prayer.

And I've had so many people ask for that in conferences and such that on this, on my latest update, the one that's going to be coming out in 2025, I just added this little offensive prayer two page outline. If you want it, if any of your listeners want it, I will electronically email it to you.

FRANK:

Can you send it to me? And I'll put it, we'll make a PDF of it and put it somehow in the show notes. We'll figure it out.

KARL:

Offensive prayer, what's it for? Offensive prayer. See I identify oppression as an annoyance and I think any Christian who walks with God, whether they understand it or not, deals with oppression. The oppression, it's the arrows. It's the where did that crazy thought come from? I

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would never do that. What is that? And I have found rather than run from it or think I'm going crazy, maybe I'm going crazy, maybe I've lost my mind or some drunk ran me over.

But oftentimes, it's the other side saying how do I slow you down? And I have said, you don't have to go uh oh, God abandoned me or whatever. I say pray offensively. They go, what's that? Most of us were trained and grew up praying defensively. I use Psalm 27 or Psalm 18 as examples of that. Lord, hide me. And there's nothing wrong with that prayer. But then I'm reading, and I go, Jeremiah 18, you know, that's not defensive, it's offensive. Psalm 35. Lord, when my enemies attack me, catch them in the very devices that they have prepared for me.

The nets, catch them in their own. Lord, when my enemies dig holes for me, drop them in the holes they dug for me. Psalm 58, when my enemies shoot arrows at me, return the arrows back to them and shatter their teeth out of their mouth. And I have said, which part of that is defensive saying, God, hide me?

So, I'm saying, I want to learn to pray both offensively and defensively. And I've certainly got a biblical basis for both. So, I've said, when it's simple oppression, it's an annoyance. If I hear, Karl, you're going to do such a crummy job on this time with Frank that he's going to say, why in the world did I ever give him a call?

You know? That's annoying. Instead of me going, oh my gosh, maybe I better think about that. I better be depressed. I'll just say, Lord God, if that's a demon shooting one of his little fire arrows, trying to take any joy out of this, or help, would you just bust that sucker's teeth out and tell him I'm off limits? Thank you in the name of the Lord Jesus Christ.

FRANK:

I like this imprecatory praying you're doing. We ought to do more of that.

KARL:

Oh, yeah, you're fat, you're ugly, you're stupid. You know, God doesn't love you. Jesus is an inadequate Savior. Lord, if that's a demon—

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FRANK:

They're all lies. Satan and demons are liars.

KARL:

100%. And I'm saying, I've been given the ability. Jeremiah talks about it. David talks about, I found so many offensive prayers, I never thought about it. I start looking for them and I go, wow, there's lots of this. How come I just pray God, hide me? No, I'm saying, Lord, will you take down the ones trying to take me down? Someone says, well, a Christian couldn't do that.

I go, when you're talking about enemies whose job is to destroy you and their job is to destroy your brothers and sisters in Christ, I have no problem saying, Lord Jesus, I know according to Revelation 21:8 where they're going. I know Revelation, you know, verse 10 in chapter 20, I know where you're taking the boss. I got no problem saying, Lord, kick the snot out of that sucker trying to interfere with me or... So offensive prayer. It's very effective when the only thing a person is dealing with are the fiery arrows.

Now, if this thing proceeds to where we talked about the Ephesians 4 already, but it's like I end up opening doors. Tapas. No, they don't own me. No, I'm not giving them my life. They're squatters. But I was stupid enough to open doors to demons. Well, a Christian couldn't do that. Then tear Ephesians 4 out of your Bible.

FRANK:

What does tapas mean in Greek? What is that?

KARL:

It means a place, or space, or territory given to an enemy. It was a military.

FRANK:

Christians do this inadvertently. We open ourselves up to having a demon take over, as you say, or at least influence us in a certain way. And what do we do about that?

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KARL:

Yeah, my whole chapter eight is exactly what I just go step by step by step. You know, how a person... It isn't about title, it's about how do I respond to it? But I'm saying this essentially, and I try and... Brother, I'm a trainer. I'm a discipleship trainer. I try to make things simple. I try to write the way I try to speak. Not simplistic.

That just means that you're stupid, but at least simple. That means it's transferable. But I put it in three C's. Confess, cancel, command. And I'll say, the confession is, Lord, whatever opened the door, whether it was a deliberate sin, whether it was a naive sin, whether it was ancestral, I didn't even know about it.

If there's something that has opened me up because I've been praying offensively and I still get drilled with the, you're a loser. Kill yourself. It's no good. Quit praying. God doesn't love you. It's like it's just this tape and it doesn't want to turn off. Secularists will often say it's not real. I'm saying, well, if it's physiological or mental, you're right. You know, maybe pills will help. Again, I refer people out. But if it's supernatural and real, all you're going to end up doing is discouraging them. So, I'll say, first, confess the sin that opened the door.

So, let's say it's immorality. I'll give you the one that's most common. See, this is a tidbit you'll get. I talked with one of my friends who I speak in conference with. I said, what do you deal with the most? And he said, it's easy. Bitterness. I said, what's your number two? He said, fear. He said, how about you? I said, my number one is fear.

My number two is bitterness. Just inverted. But both of them. I mean, witchcraft, drunkenness, drugs, all that. I've dealt with all that. But the two things that come up most often with believers are fear. Because ultimately what I'm saying is, I am more afraid of the one attacking me than I am the one who's committed to protecting me and never leaving me.

Or bitterness. I want to receive complete, you know, forgiveness, and I want to let it go. But there are people, it sounds like Matthew 18, the master forgave the one in great debt. And their guys goes out and starts strangling his buddy. And we're supposed to, Ephesians what, 4:31 and 32 says we're to forgive as Christ forgave us. That's the goal. We may not do it, but I found both of those demons will say, you're fearing. You give us credit we shouldn't have.

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So, if you're going to listen to it, we'll keep throwing it at you. Or the bitterness. You accept forgiveness, but you won't give forgiveness? That's disobedient to God. If you're going to open the door to us, then we're certainly going to say, we can't control every aspect of your life, but we can certainly start influencing and controlling what you open the door to us.

So, I'll say confession is saying, Lord, forgive me for whatever opened that door. Canceling goes back to the Ephesians 4 with that tapas. Lord, if I gave access to a demon, remember I said this earlier. Everyone who sins doesn't end up with demons. There aren't an infinite number to take advantage of every opportunity.

But when you play games long enough, you're just batting the odds. Sooner or later, they're going to be in the area and take advantage. So, I'm saying, Lord, I'm willing to confess the sin that opened the door. Would you please forgive and cleanse? Thank you. You said you would, so you did.

Second, Lord, if there was that tapas, that place, space, or territory that was opened up to them, like in Ephesians 4: 26 and 27, I don't want that. I want every part of me committed to you. So, would you please cancel any ground? Remember, ground, place, space, territory.

That's what the demons will call it. That's what you know, look at your lexicons. Your Greek lexicons will say the same thing. And to give away a place, space, or territory to your enemy. So, I'll say, I've asked you to forgive the sin that opened the door. Would you please cancel any ground.

Slam that door shut the demons believe they've held against me because I was willing to open that door. That's on me. If you've taken away Frank, what gave them the right to bother the Christian, they now move as a squatter who is unwanted and certainly not invited, instead of a squatter that's there.

But I go, well, I opened the door. What can I do about it? I guess nothing. I just hope they don't mess the room up too much. I'm going, then your passivity allows them to keep punching holes in the walls. So, I'm saying be active, anthistémi, resist. What are you talking about? Lord, I'll deal with the sin that opened the door. That's confession.

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Canceling, I'm asking you to cancel their permission. Then third thing is a command, you can tell them to go because they have no more right to be there. But if I don't take care of what gave them the right to be there, you can say all day, demon, I rebuke you in the name of Jesus. They'll say, screw you or something else. You don't know what you're doing. That's why I've said now on the radio. I guess I am on the radio. Or even more than that. I try very carefully not to name names to mock people.

I say, anyone who's a believer, my brother, sister in Christ that's willing to be in the battle, I'm not going to publicly make fun of them. I'm just glad they're in the battle. But on the other side, privately, if I'm at a seminary, I'm at a Bible school, I'm, you know, ministerial conference. And they say, help us understand some of this. I'm saying when I see people on at three in the morning, you know, with people screaming and yelling and they're screaming, I go, they don't know what they're doing, number one. Or number two, they're allowing it.

So, it makes them look like I'm the man or I'm the woman. And I said, do you think it's in the best interest of the person who's demonized to have them screaming and yelling? Well, probably not. Then shut it down, lay down ground rules. I explain them. Ground rules simply say, you're not in charge to the demons.

Here's what you're used to doing. The only thing you're going to do is respond to commands I give you in the name of the Lord Jesus Christ and leave. There's not going to be any manifesting, there's not going to be any screaming and yelling. I haven't had that happen since 1983. That's when I learned you can lay down ground rules.

And a circus becomes a systematic mop up. That's why when I have people say sincerely, I've had people sincerely. Well, I deliver people thousands at a time. I go, really? How do you do that? Well, I have such authority. I'm the man, I'm the woman. I just tell demons, leave. I say, now, how many of those people are Christians or non-Christians?

Well, I don't know. Why should demons leave a non-Christian? They're not afraid of non-Christians. How many of those are Christians around the run? In other words, they know they're in sin, they don't care. Why is a demon going to leave a Christian who gave them the right to be there?

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So, you treat everybody the same way? Well, it's my authority. I go, you have delegated authority. But the person that's demonized has to be one wanting this to stop because they're the ones saying, I opened the door. God forgive me, close that door. I want to walk with you. I say, what you're doing, I know what's going to happen. I've seen it too many times.

You say, I just delivered 2,000 people. You don't deliver non-Christian people. You lead them to Christ. Basically, that's your first shot. But I say, what you're going to say is, okay, now anything bothering you is gone. They go home and they're still being bothered by it. They say, well, those Christians are all a fake.

Why? Because you didn't take the time to deal with whatever it was that allowed that door to be open. So, put it in three C's: confess, cancel, then command. So many people do the commanding before they've dealt with what opened the door. And then they're surprised when the demon says, screw you, I'm not going anywhere.

FRANK:

You said in the first podcast, Karl, that you need the cooperation of the person being oppressed. And that's what you're saying here. They need to confess whatever they're involved in that has opened the door to this demonic activity.

KARL:

Boom, 100%.

FRANK:

Now, in the book, and we don't have time to get into it all. We're already going long here, and Karl has to go. He has a whole section here on oppression and possession. What's the difference? We don't have time to unpack all that here. But the main bottom line is, as you can see, ladies and gentlemen, the Bible and particularly the New Testament talks a lot about, a lot about demon activity.

And if Christians couldn't be affected by it, why would it be throughout the Bible? They can be affected by it. And I want you to notice one other thing in our conversation we've had with Dr.

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Payne here. If you go to Ephesians chapter six, the whole passage about putting on the armor of God, look at verse 17 which says take the helmet of salvation and the sword of the spirit, which is the word of God. If you've noticed in our conversation, when Karl's been talking here, he keeps referencing certain passages of the Bible because he knows the Bible.

It's the sword of the spirit. If you don't know the Bible, you don't have a sword. You have a rubber sword. Just by saying, oh, today I'm going to get up and put on the helmet of salvation and the sword of the spirit. And yet, you don't really know the word. You don't know the sword; you don't really have a sword. You've just said you have it.

So, you need to know what's going on in Scripture. You need to know how to deal with this, friends. And knowing the Bible is going to help and so will the book 'Spiritual Warfare' by my guest, Dr. Karl Payne. Again, Karl is spelled with a K. KARLPAYNE.org. Go to his website, check out, I think Karl, you said you're going to send me something I can put in the show notes too, that two page thing on offensive prayer.

KARL:

Yes sir.

FRANK:

Offensive prayer, not offensive, not like offensive prayer. Anything else you want to leave our audience with Karl before we go?

KARL:

Maybe just reemphasize something I've already said. When you play world, flesh, and devil against each other, you're going to be losing battles you should be winning. I want to learn how to of course love God first. I want to walk with Him. I'm his servant, he's my master. I bow to the Lord Jesus Christ. But I also want to understand that if the Bible talks about three different types of opposition.

World, 1 John 2:15-17. Flesh, Galatians 5:17 or Romans chapter 7:15-25, or demonic issues. We've already talked about it. Ephesians 6:16, arrows. Or Revelation 12:10-11, accusation. If I want to learn how to win more than I lose, then instead of playing something against each

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other in some kind of self-righteous game, you know, I'm not one of those conservative Christians and just thinks it's all about the flesh.

Or I'm not one of those charismatics that just think it's all about demons. Why the generalizing? We're on the same team. We're family. We're supposed to be, you know, I guess we have to have aliens from outer space attack all of us before, before we realize the glue of Jesus should be the thing holding us together.

We should be working together. But I'm saying when the believer is content to say, I'll just focus on world, or flesh, or devil and leave the other to someone else, I'm just going, you're going to lose battles you should be winning. The Bible gives us the ability to recognize and respond to all three. I won't win them all. I'm sinful. I come short of the glory of God, but I want to win more than I lose.

FRANK:

Amen. Amen. The book can help friends, 'Spiritual Warfare'. Remember we said at the top of the first show, if you're going through some sort of war in your head, you feel you're being oppressed, you feel you're dealing with anguish, there are four possible causes: physical, psychological, moral, or demonic. We've been talking more about the demonic and too few people talk about that.

So, hopefully this book, not hopefully, it will help you if you get it. Get the book by Karl Payne, 'Spiritual Warfare' and friends, Lord willing. First of all, Karl, thank you so much for spending almost two hours with us to go over this. And go to Karl's website, KarlPayne.org and Lord willing, friends, we will see you here next week. God bless.

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