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with Dr. Frank Turek **PODCAST**

## **Spiritual Warfare: Christians, Demonization and Deliverance with Dr. Karl Payne**

(January 17, 2025)

### **FRANK:**

Ladies and gentlemen, are you feeling down or depressed? Do you have too much anxiety and worry? Do you feel like sometimes there's a war going on in your head, even a war between good and evil?

If you do, what's causing that? Well, in our secular culture, we want to say that everything is physical, because in our culture, we think that human beings are merely material. That's why we'll use medical language rather than moral language if you're dealing with a problem like this.

You know, the reason you're feeling down is because you have a chemical imbalance. You need medicine, you need a drug. If you're depressed because you really regret doing something evil, our culture will deny that and say, oh, no, no, no, no. You're just experiencing dysfunction rather than you're experiencing evil.

Well, think about this for a second, ladies and gentlemen. There are really only four possible causes that you might be experiencing some sort of mental anguish or depression. Number one, it could be physical and, you know, you need medicine, you need food, you need rest, something like that.

Secondly, it could be just psychological. You need right thinking. You need to correct bad thinking, and you need to meditate on what is good as Paul talks about in Philippians 4. The third possible cause of your mental anguish or depression could be that it could be moral because you feel guilt, because you really are guilty.

And in that case, you need to change your behavior. You need to repent. You need to seek forgiveness and reconciliation with God and with others. The fourth possible cause is that you're experiencing some sort of demonic activity.

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[Gasp] Demonic activity? No, it's got to be physical. It's got to be psychological. It's just got to be moral. It's not demonic. We don't really believe in that, do we? In the 21st century, we believe in that? You know, Jesus said that the devil is a liar and a murderer.

And Paul in Ephesians 6 talks about standing against the rulers and authorities, and against the powers of this dark world, and against the spiritual forces of evil. And of course, there are demon possessions all over the Bible.

There's talk of demons; there's talk of angels. Do we really believe in all this? Well, we're going to talk about it today with my friend Dr. Karl Payne, who actually right now is a pastor near Seattle, Washington.

He's a pastor at Antioch Bible Church. I was out there at an apologetics conference that Karl hosted back, I think it was in April. And he also for many years served as the chaplain for the Seattle Seahawks.

And a number of years ago, he wrote this book called 'Spiritual Warfare: Christians, Demonization, and Deliverance'. And it's great to have Karl here on the program. Dr. Karl Payne, welcome to I Don't Have Enough Faith to Be an Atheist. How are you, my friend?

**KARL:**

Oh, Frank, it's genuinely a privilege. And I'll give you a pop on something. I've handed out so many of that book, 'I Don't Have Enough Faith to Be an Atheist'. That is a fabulous book. I still use it. I still keep it stocked. I still hand it out. Thank you and the late Norm, you know, Dr. Geisler, for writing that fantastic book.

**FRANK:**

Well, thanks, brother. And I can say the same about this book because this book has accolades from a lot of people that I trust. Like, for example, right in the front, Dr. Erwin Lutzer, the great Erwin Lutzer.

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We've had him on this program many times before. And this book has legs as well. Karl. When did you first write 'Spiritual Warfare'? Because this is the second edition I'm holding in my hand right here.

**KARL:**

Yeah, the original came out in 2008. And then I had an update a little bit in 2011, updated again in 2021. That's the one you've got. I added two chapters because, Frank, I kept getting so many questions. Either pastors, counselors, butcher, baker, candlestick maker. They said, okay, I've got a question, this or that, because I'm actually trying to work with this stuff now instead of run from it. And I thought of instead of answering the same question-- So, 11 and 12, I added where 11 basically is saying in an interview, what am I looking for?

Is this psychological? Is this physiological? Is it supernatural? And then 12 is, if we agree to jump into it, what are questions that come up regularly? And I've had the folks that have actually been working with it say those two chapters are really helpful because, you know, they kind of troubleshoot. So that came out in '21.

**FRANK:**

The whole book is really helpful, Karl, because it's very practical. And I want to start in this chapter here that I think lays it out. And probably most of the people that listen to this podcast agree generally that most conservative evangelical, say, non-denominational, non-charismatic Christians don't really pay a lot of attention to the world of demons or angels.

And you have a chapter here. This is chapter two. Here's the title of the chapter. And ladies and gentlemen, you're not going to want to miss the rest of this program because it's going to get really interesting here in just a minute because we're going to talk about an experience that Karl had that got him into this.

And the title of the chapter that explains what happened is this. 'How Did a Non-charismatic Ordained Conservative Baptist Minister Ever Begin Working with Demonized Individuals?' Karl, we're going to start the story here before the break. There's a young girl named Jill. Take it away.

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**KARL:**

Thanks, Frank. Yeah, you've already said it. My world, you know, again, theistic. I'm Christian, but most of my teachers, I went to Multnomah School of the Bible. I went to Western Seminary.

Our training was basically, if you've got issues, they're going to be with the flesh. You know, the charismatics will deal with the other stuff. A lot of it is a waste of time from people who feel more than they read. And I'm not saying that's true, and I'm certainly not anti-charismatic, but that was what we were told, just ignore it.

And so, I basically did what I was taught because I figured since that's what my teachers are telling me and I trust them, and so I just rolled along basically saying, you know, most of the stuff that you deal with is about a lack of discipline, people not studying Scripture, not relying on Scripture, you know, feelings this, feelings that.

And in 1982, one of the people that I worked with at the church, one of the parishioners came to my door several times. My wife and I were used to this. I'd take them out on missionary trips.

We did a lot of summer mission, short-term missionary stuff. Her dad worked with Bill Bright, was in Campus Crusade. He opened up the whole military. Her dad was the one, the whole military ministry. Her dad was responsible for that. An admiral, I believe, in the Navy, retired.

Anyway, wonderful. He was the chairman of the board of our elders at the church. And she comes over and she's on speed. And I go, what in the world happened? And she goes, something pushed me to do it. I shouldn't have done it. I know it was wrong. And I said, no, Jill, that's just a lack of discipline.

It's Scripture, adequacy of Scripture. I take her back, I start walking her through things. We'd spend an hour or two together and go, okay, I've got it, and I've confessed my sin because I know that was wrong. And you know, she'd be fine. And then six months later I'd get this knock at the door, say, you know, I'm going to take my life because I failed God.

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I failed my family. I failed Jesus. I mean, I don't mean it crassly. Just almost got kind of used to it. We'd walk back through Scripture. Adequacy of Scripture, which it is, Scripture is adequate. But at any rate, she'd say, Karl, you don't understand, something's pushing me.

And I'd say, no, you're just being weak willed. And so, you know, I don't know how many times, whatever it was. My wife was on the couch cross stitching. I still remember that, Jill came to the door. I looked over at her and said, okay, we're going to need an hour here, you know, to work through Scripture. She said, that's okay. She's a friend now.

By then she'd become a friend. She had the freedom to come over to my house, which you don't always do as a pastor. You don't open the door to everybody. You just can't. Any rate, she comes in, same thing. And I said, I want to do something a little different this time. And Frank, I did not know what I was doing. I mean, again, I was told, ignore this whole thing.

And so, the bottom line was I said, I'd like to read some Scripture. She said, okay, Pastor, you know, whatever you want. So, I opened up to 1 John 4:1-6. I got to about verses three or four, and her eyes rolled up in her head. I could no longer see her eyes, it was all white. And then her fingers went kind of funny and she had drool come out of her mouth.

And she-- She looked at me and I said, in the name of Lord Jesus Christ, who are you? And it gave me a man's name. And she's clearly not a man. And I said, in the name of the Lord Jesus Christ, leave her alone. He told me, get F'd. You don't know what you're doing. And I'm sitting there going, that's not how this is supposed to work. Frank, I got your music. So, we'll finish on the other side of it.

**FRANK:**

That's right, friends, you're not going to want to go anywhere. We're listening to Dr. Karl Payne. His book 'Spiritual Warfare' is a must read. And he's going to pick up the story of Jill, what happened to her and then what prompted Karl to write the book 'Spiritual Warfare'. Don't go anywhere. We're back in just two minutes.

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The Bible talks about demons, and angels, and Satan the Accuser. We don't often talk about those things. At least conservative, non-denominational, non-charismatic Christians don't tend to talk about it.

C.S. Lewis pointed out in the intro to 'Screwtape Letters' that there are two opposite and equal errors here, thinking that Satan is everywhere. There's a demon under every rock. That's one extreme. And the other is, this doesn't happen at all.

There's not really this world of angels and demons. Well, there is a world of angels and demons. And we're talking to my friend, Dr. Karl Payne. His book 'Spiritual Warfare' unpacks what we're talking about today in a lot more detail. But Karl got into this primarily through an experience with a young woman who was coming to his church by the name of Jill. Pick up the story where we left off if you would, Dr. Payne.

**KARL:**

You bet you, Frank. I leaned over and she grabbed my Bible. I had my Bible in my hand. Probably, I've been in Ryrie's study Bible forever, so, you know, probably what it was. I leaned over, grabbed my Bible, which surprised me, and just started pulling pages, tearing my Bible. I'm a big dude, Frank.

I mean, this wasn't a big person. And I tried to pull my Bible back. I couldn't get it. And then she just started screaming the name that I'd been given earlier and said, hates this book, and is just shredding my Bible.

And I look over at my wife and I'm going, this isn't supposed to happen. I mean, whether you're one that says demons can demonize. We talk about that, or they can't. I mean, my training was just, you know, this is 3:00 in the morning stuff. You don't have to worry about it.

And so, I'm looking at this parishioner thinking she's come to the shepherd for help, and the shepherd doesn't have a clue because what's going on is something that is so far outside of what I was told you're ever going to run into because you're dealing with people that love the Lord and, you know, you've got to be a gutter drunk that kills people and spaced out on drugs

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all the time, and probably a Satanist. Never run into that and we don't get a lot of that in our church most of the time.

And so, I'm just baffled. And so, I tried several times to say, you know, in the name of Jesus, leave this girl alone. And all I got was sworn at and then a lot of expletives about Jesus which were less than what anybody would appreciate as a Christian. I'm sure he was just laughing at this thing probably, but-- So, I got on the phone, Frank and I called.

We're a big church, so we have multiple pastors. So, I called several pastors. I called several elders. We had two daughter churches. So, I called the seniors from the two daughter churches. One came over. So, we ended up with about 12 of us in the room. And I just said, there's something going on here that's way past me.

And we had one missionary who had come back from Peru. He'd been, actually been one of the teachers at Multnomah School of the Bible, retired missionary, worked overseas, you know, most of his life. And he said, no problem, I know how to work with this. And it was Brazil. That's where he worked. But he's with Jesus now.

But at any rate, he gets down on his knee and he said something like, in the name of the Lord Jesus Christ demon, I tell you, leave this girl alone. And it just says, get F'd. And he looked at me with big old eyes like, what? And I'm thinking, well, hold it. The guy we were depending on, he'd get the same answer as I was.

So, we start praying, we start singing. This girl by now is on the floor, she's fetal. There's just drool coming out of her mouth. Her fingers are a way that I couldn't do my fingers the way they were eyes. I'm just feeling sorry for this girl and going, man, we're not being much help, Frank.

That went on for almost 12 hours. And we would command, we would sing, we would do it as a group. We figured, man, if the prayers of a righteous man accomplishes much according to James, or at least one out of the 12 ought to be righteous, you know, kind of thing. And we were getting nowhere other than mocked.

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And so, at one point, one of the senior pastors from one of our daughter churches says, this just must be our lack of faith. Let's just claim by faith that God's going to help this young lady instead of wondering what's going on or how, what do we do? Let's just pray by faith. And he prayed.

You know, we said amen. And she just went totally quiet, just still. And the guys start going, look, it worked, man. This worked this time. And I'm sitting there going, maybe. Maybe demons are smart enough since they know we're tired and wanting to go home. Maybe they're smart enough just to quit mocking and go quiet for a little bit.

But at any rate, everyone's high fiving. Well, we weren't high fiving in the 80's, but you know, shaking hands and praising God. And the girl starts to get up, her dad reaches over. I still remember her dad looked at me and he said, wonderful guy. He says, that's not my daughter. That's an animal. There's something really wrong here.

And I said, yeah, something's really wrong. But anyway, he picks her up. That girl turned around and looked at me and just glared at me. I mean, it was just like her eyes were on fire. And then she smiled this kind of Cheshire cat smile, and I leaned over to the person next to me.

I don't remember if it was one of the pastors, one of the elders. And I said that thing didn't leave. I said that thing's just smart enough to know we're tired and want to stop this thing. So, everyone was, praise the Lord. Praise the Lord. They went out. They all went home. Everyone went home. I don't remember what happened the next morning. Probably people going, wow, that was different.

Well, I called her, and I said, Jill, I'm still concerned that whatever was going on last night is not resolved. Would you come back over to my office? I'd like to talk with you again. She said, sure, Pastor. So, she, you know, hops in her car. She drives over. She told me later, she said, I almost didn't make it to your office. I said, why?

She said, my hands just started shaking almost uncontrollably. But I was determined to get there. And I said, well, I'm glad you did. So, she walks in my office, so remember, this is late in the afternoon again. And I said, I'd like to read those verses to you again. I don't know why.

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I don't do that typically now. I mean, I've been working long enough to have a little bit better idea what's on. I started reading, and right in the middle of it, there was just this laughter and said, you're fools. We run the world. You don't know what you're doing. And again, I'm looking, I'm going, okay, this is going to be round two. Well, what happened, we had Billy Graham in at that time, in '82, you know, for the conference that he did.

And we were really involved in that. Our church was a big part of that. And I'd gotten to know two of his lieutenants who come in. Graham would send his lieutenants in a year before, do all the training and such. Well, two of them, one named Tom, one name Rick, they'd both become friends. I said, you guys know anything about this?

So, some of the same people came over, except this time the two Graham people came over and they said, yeah, we were just in Calvary, and we had a guy there that was really. I said, will you give me his phone number? And so, I gave him a call because we were just getting mocked and cursed again and I don't remember the guy's full name. Doesn't matter.

I just know he was up in the Calvary area. I think. We didn't get any further. And so, at some point we're just looking at each other going, what is going on? And I said, you know, I've got on my desk a little three page outline from George Birch, pastor. He was a missionary for 30 years.

He was 12 years in China until Mao kicked him out. Found out later he worked with Ruth Graham Bell's parents. So, I always thought how fitting that when the Graham people came over to help us, you know, there was a tie there to the-- Anyway, they kicked him out. Then he went to Indonesia for 18 years.

Then he came back White Rock, British Columbian, pastor at a little Baptist church for 30 years. So, how'd you get it? I said, I don't even know. I don't remember when I got it. But you know, I probably pulled it out when I was thinking about her. I don't remember. But it just said something like, this needs to be orderly, not a circus.

Do this first, do this second, do this third. So, one of the Graham guys says, let's just follow what it says. What's step one? So, I read it, we did it. What's step two? I read it, we did it. She just

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went totally calm. I mean, the whole thing went from a circus to what I call an organized mop up.

And we just started working through this and instead of being told, you know, expletives, it's like, get it over with. Or you know, things like that. Where I go, okay. It recognizes, I guess, that we know what we're doing. At least it thinks so.

Because last night it was total mocking. When I finished that Frank, when we finished with that young lady, I thought, there's a whole world out there that is a shepherd I know absolutely nothing about. And for me to try to use verbiage to define it away, I guess that's all right, as long as you don't run into any people that really get stuck in this stuff.

But as a shepherd world, flesh, and devil are all identified as enemies. That's why in that book I wrote, four is about how do you recognize and deal with the world? Five, how do you recognize and respond to the flesh? Six, how do you recognize and respond to the demonic or the supernatural?

I've told people when you play one against the other, that's a mistake. You can be really good about everything as a demon, well, what if it's the flesh? Or you can be really good about everything that's dealing with the flesh. Well, what if it's the world or demonic? And I'm saying, let's not play either or one against the other. Let's just learn how to recognize and respond to all three.

So, I flew Pastor Birch in the guy paper. I didn't fly him in. The girl's dad did. He was the one that paid for it. But he comes in and he said to me, he said, son. Real nice guy, he was in his 90's, but just sharp. Oh, he was sharp. But he said, son, he said, what did they teach you at Bible school and seminary about spiritual warfare?

I said to ignore it or mock it. It's either people that are weak willed and don't really know Scripture, or they're making it up, or they're probably not saved because it can't happen to Christians. And he said, I'm going to give you an education that you should have got in school. And he just started talking to me about, here's how this works, here's how this works.

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So, when it was done, I'm starting to look for books. Buback had a book out at that time. It was helpful. And I like Mark Buback. Good guy. Fred Dickerson had some material out. I like that a lot. Fred's now in his 90's and he is very good with this. He's 98, I think, and he's still sharp as a tag. Ed Murphy from Overseas Crusaders. There were some people had written a little bit about it but clearly wasn't mainstream at all.

**FRANK:**

Even Chuck Swindoll had written about it too.

**KARL:**

He sure did. Oh, his book on demonism, little booklet. I love it. When he says, I'm asked, can Christians be involved with demons, demonized? He said, the answer is yes, and I work with it. And I thought, well, hold it. I'd been told through school nobody who's credible believes this is real. Then I find out as I'm, you know, over the years, Lutzer, it's real. Swindoll, it's real.

**FRANK:**

Let me ask you a question about that, Karl, because why would say, let's just take Paul in Ephesians 6, where he says, In Ephesians 6, verse 10, he says, finally, be strong in the Lord and in His mighty power.

Put on the full armor of God so you can take your stand against the devil's schemes. He later, in this same passage, says, you've got to take up the shield of faith with which you can extinguish all the flaming arrows of the evil one.

Why would Paul be writing this? And of course, the whole Bible's writing to Christians, and especially the book of Ephesians, a circular letter around the churches that Paul had established. Why would he say, you've gotta watch out for the devil if the devil can't touch Christians?

**KARL:**

We're preaching the same message, brother.

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**FRANK:**

All right.

**KARL:**

I still love doing conferences. I like discipleship, apologetics, and spiritual warfare. I still enjoy doing that when I can make it work. But I'll say three chapters I think are as deep as anything in the New Testament.

Who you are in Christ and why. Chapter four, how should this work in the church? Chapter five, how does this work in your home, with your employers, etc. Etc. And six, he says, now let me remind you of something. Your primary battle is not against flesh and blood, verse 12. It's against, you know, titles for demonic entities.

And you've been given this, and I've said the same thing. Why would we have armor and a shield if we don't need it? It just makes no sense. Or 2 Corinthians 10:3-5, when the same writer, you know, talks about, I want to tell you something. You've been given divinely powerful weaponry that will take down, you know, people in bondage, demonic bondage, and destroy accusation or silly questions about Christ.

So be sure, you know, you know, you keep your thoughts, you know, Christ like. And I'm going, why the warnings if it isn't even a possibility of getting involved in it?

**FRANK:**

Well, we're going to talk a lot more with Dr. Karl Payne of Antioch Bible Church out near Seattle, Washington.

What can you do if people are under demonization? What if you are? How do you deal with it? Don't go anywhere. You're listening to I Don't Have Enough Faith to Be an Atheist. Back in two minutes. Demons, Satan, spiritual warfare. What have you been taught about it? Well, hopefully, Dr. Karl Payne, my guest here is opening your eyes to what actually does go on.

Before I go back to my guest, I want to point out that this Monday night happens to be Inauguration Day, also Martin Luther King Day. The 20th of January, we are starting a brand-

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new series that you can watch Live. It'll start at 7:30 PM. The brand-new series is about the Bible, and it's called 'The Bible You Never Knew: Stories Stitched By the Hand of God'.

When we're done with this series, I think hopefully you'll have really strong evidence by just looking at the Bible that the Bible can only be have been put together by some sort of divine hand. That series starts live.

It'll be on our YouTube channel 7:30 PM this Monday, January 20th. It'll only be on YouTube for about a week afterwards. So, you probably want to join us live. We'll have time for Q&A as well in the chat, so check it out there. Just go to our Cross Examined YouTube channel.

Two words Cross Examined. Let me go back to my guest, Dr. Karl Payne, the author of the book 'Spiritual Warfare: Christians, Demonization, and Deliverance'. By the way, you spell his last name, P A Y N E.

Karl, we were talking in the last couple segments about a woman named Jill, a young woman, and you went through a lot of this. Seems like right out of a movie, you know, like the Exorcist or something. You went through a lot of that. What ultimately happened in this case? Can you tell us?

**KARL:**

I can. I'll finish the story. Let me toss you one thing. You can edit this out if you want to, but I hope this is an encouragement to you from what you just shared. Dear, dear friend of mine, walking with the Lord a lot of years starts saying some things that just don't make sense to me as we're talking.

And I said to my wife, we've got to pray God will pull him back in. Something's wrong. So, I get on the phone with him, and I said, what's going on? And he said, oh, I'm questioning most everything I believe about my Christianity now. And I said, his name, no one's business. I said, multimillionaire and very influential-- I said, why?

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And he said, well, I ran into this new teaching about the documentary hypothesis, you know? Have you ever heard of it? I said, oh JEDP? I said, you understand that died. That's dead. I said, whoever's teaching you that has quit reading.

They quit reading 30 years ago. And he said, no, it's the latest and greatest. And I'm telling you, I start trying to walk him through that and he's just going, no, this is what's really modern. And I go, bro, it's really old.

And I guess what I'm saying, Frank, is it's been so long since I had to work somebody through some of the basic tenets of the documentary hypothesis, you know, Wellhausen, Groff, Wellhausen, all of that. I just go people, the only people teaching that are teachers at universities on Bible is lit or something like that because they want an extra paycheck.

They don't know what they're talking about. I'm watching a dear brother, very influential brother, that is now questioning his whole faith because he thinks he was lied to. And so, I'm doing, what I'm saying is where you guys are going after the, you know, again, you said the Bible and all, keep doing it.

Because there are still people trying to peck away at the credibility, authenticity, reliability of the Bible. And you'd think nobody credible would buy some of this. And I'm telling you, you already know it. I'm not telling you anything. Yes, there are. So, at any rate, I want to thank you. Keep doing what you're doing.

**FRANK:**

Well, thanks brother. Well, that's why Jesus said Satan is a liar and a murderer. In fact, spiritual warfare, as you point out and many others do, is largely about the mind. It's more than that about power encounters, it's about thinking properly. And of course, Paul talks about that in 2 Corinthians 10 where he says that we demolish arguments and take every thought captive to Christ.

We'll get into that more as we go. But tell us more of what happened to Jill.

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**KARL:**

I was asked a question in the 21 updated edition. I added this. Someone had asked me, would you finish off with Jill? What would you have done differently? That kind of thing. So, if you look at the last few pages of it, I just put here four or five things that I wish I'd have known. I guess what I would say is I am so used to this and working with people. It's very clean. I've had again, I don't mean this snotty. Anyone that works with it much, it knows what they're doing.

Instead of a screaming match and a circus, like I said, it's just a systematic mop up. I've had demons say, get it over with. I've had demons say, don't be cruel, get it over with. They become, when you know what you're doing, it is not what you see on Hollywood. And I'm so used to that now, just being clean, let's get it done with.

And people looking at me and going, I got my mind back, I got my life back. I say, welcome to warfare. So, at any rate, there's a part of me that says, I said in my acknowledgments dedication that I said to Jill's family, I wish I'd have met you 10 years later, after I had half a clue what to do with this, because I think it would have been very different.

So, I would say, I think clearly Jill was helped. I don't have any doubt about that. But I still think what I look at now, was it as clean as I like it to be? Do I feel like we got to the bottom of everything going on? No. And I don't think it was necessarily her fault nearly as much as me not knowing what I'm doing. Now, at one point I told her, and we may get into this.

I said, a person who's demonized is more important to deliverance, than who's talking to them and assuming the person knows what they're doing. And here's what I mean. If a person is not well, I tell there's three non-negotiables. I'll say, you gotta be a Christian. If you're not, you don't need to talk about deliverance, you need to talk about salvation.

I will say, secondly, you gotta be 100% honest. Anything that opens up doors. Paul says in Ephesians 4:26, deal quickly with your sin. Don't let the sun go down on it. You could put any-- He uses anger. You could put anything you want in there. Twenty-seven, he says, why? And Ephesians is written to believers. You do not want to give Satan. So, he names tapas. You know, you'll know that. The Greek word was a military term meant to give away a place, space, or territory of control.

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And I've said, when people say you believe that Christians can be owned by demons, I say, demons don't own anything. They're squatters. There's only one Creator and He's the one that owns everything. Demons are just one more part of the creation. But if I am foolish enough as a believer to open and try and run with my flesh, Galatians 5:16 says, I don't have to be controlled by the flesh.

But 17 says, there's a battle going on. And if you as a believer are dumb enough to allow yourself to be led by flesh, you're going to get a whole litany of things that you don't want going on in your life. I'm saying, I think Paul's saying the same thing. You do not have to be controlled by demons in any way. You're on the side that wins.

But if you're going to allow sin to pile up and pile up, and you don't deal with it, what you're saying is, here's a door that's open. Go ahead and take control of whatever that area is. Doesn't mean they own me, but it means, like, in a house, I just invited them in, and I gave them a bedroom to rent for a while. If I'm smart enough to say, you're a bad renter, I want you out of the house, it's what I need to do.

But if I think, oh, no. It'll go away on its own, or, you know, or maybe they threaten me and say, if you make us leave the bedroom, we're going to burn down your house, they'll say, well, then you can come on into the pool room, too. You know, don't burn down my house. That's why fear is a horrible motivator for dealing with it. What I'm suggesting is, when people-- Here's taking too long to say.

When people say to me, Jesus can have-- And I mean believers. And I'll have. I'll have, you know, some of my, you know, friends say, well, I just don't think a believer would do that. And I'll say, let me talk to your wife. All right? You know, I don't think you're nearly as sinlessly perfect as you think.

But when someone will say, Jesus, you can have this, but I don't know if I want to give you that or not. You can have my job, but are you sure you'll let me marry the woman that I want to marry? You know, you're probably going to stick me with someone that wants to be in a dugout canoe and eat worms, you know, over in Papua New Guinea.

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And I don't want to be a missionary, so I'll take care of that part. But, man, I'll give you everything else. I'm saying, as long as the believer is saying, Jesus, you can have this, but not this, demons will say, then you're culpable. Because if you're not wanting the Lord Jesus Christ to cover that room in your life, if you're not saying, Lord, my whole life, Galatians 2:20 says, is yours.

If you're saying, well, you can have this, but not this, whether believers know it or not, unbelievers or believers, that's an invitation to the other side. Back to that Ephesians, chapter four, saying, when you don't deal with your sin, you potentially can open up tapas: places, spaces, or territories of control to the devil or to the demonic.

There may have still been some of that going on and I just didn't know. I thought we dealt with it to the best of my understanding. I just, I'd land on it. She's still, I mean, I liked her as a person. She remained a friend. I mean, there was no doubt about it, with our family. But I just feel like, as I said, I wish I'd have met you 10 years later.

**FRANK:**

Did she stay in the church? I mean, did she stay in the church? Did those episodes appear to wane?

**KARL:**

Oh, yeah. She never again came over to my door spaced out on meth or speed. Then we called it speed. Now they call it meth. But no, that didn't happen.

But if someone says, do you feel like you got to the bottom of things? Like now, typically you can get to the bottom of things. I'll go; I'll stick to what I said. I wish I'd have met you 10 years later. When I felt like instead of me kind of, you know, I thought on the other side, if she wasn't the first person and if God was saying, I'm going to get you, throw you into this battle, someone had to be the first person.

So, on one hand, I can't live in the past. But on the other hand, you just go, it isn't this Hollywood head-spinning, barfing. When that happens, people screaming, I rebuke you in the

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name of Jesus. And I watch it at 3 o'clock in the morning and somebody writhing. I say, why do you put them through that?

They go, what do you mean? You don't have to put them through that. This can just be-- I'll tell you what, Frank. The most disappointed people I have, when I have pastors and counselors, Christian counselors and pastors fairly regularly say, can I sit in with you when you work with this? I'd like to see what's going on. I'll say, that's up to the person, you know, that if they're comfortable with you and that's fine. If they're not, no. But I've had, you know, many times they'll say, I just want help.

And if you want someone else to learn how to work with this, yeah, they can sit in with you. I've had them afterwards say, well, man, I was waiting for the barfing, and the gagging, and the screaming. It's like, this is just a conversation. I mean, this is just very matter of fact. And I said, when you understand your delegated authority is greater than their delegated authority, Luke, 10.

Right? I've given you authority to tread upon the serpents, scorpions, over all the power of the enemy. They shall no wise harm you, however, nevertheless, do not rejoice because spirits are subject to you. Rejoice because your name is recorded in heaven. If you're a believer, your name is recorded in heaven. If your name isn't recorded in heaven, you're not a believer.

So, when people say, well, it's only the Apostles or the group that loves to say that. You know, right now, you know, out of Redding, they're kind of headed up. You know, the pastors can deal with some of this stuff, but the real powerful ones, you have to be an Apostle. That's baloney. I've given you authority to tread upon the serpents, scorpions, and over-- What's the next word?

All. I go, where does he say your gifting? Depending on your gifting, whether you can work with big demons or little demons? That's just nonsense. That's just trying to make yourself look more important. But I'm saying if the delegated authority I have from the Creator is greater than the delegated authority they have from part of the creation, when they know you know that they'll just say, get it done with.

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When they don't think you know that, or when the person that you're working with is still saying, you know, I'm a Christian, but I'm on the run. Yeah, I think this stuff is bothering me. Well, I'm going to lay a hand on you and tell the demon to leave. I'm telling you right now, if that person is not willing to deal with whatever it is that opened up the door and deal with that tapas that gives them a legal right not to the whole house, but to at least a room, they're just going to say, I'll go quiet if that's what it takes.

I'll become belligerent if that's what it takes. But you know what? Until you're the one saying, Lord Jesus, I'm yours, head about every room in my house, that the other side will say, the stuff you don't want to give to Jesus, if you don't want Jesus to control it, then don't whine if we start trying to figure out how we can control areas like that. How different is that from the flesh? Eat the flesh, end up producing fruit of the flesh.

**FRANK:**

A lot more with Dr. Karl Payne. The book is 'Spiritual Warfare: Christians, Demonization and Deliverance'. How does Satan and how did demons work? Today we're going to talk more, more about it right after the break. Don't go anywhere. Back in two minutes.

Demons. The Bible says they're real. In America and in the west, we often downplay that as if they're not real and they don't do anything. Well, if the Bible's true and it is, demons are real, and they can affect Christians and non-Christians.

The question is, how do they do that? What do they do to us? My guest, Dr. Karl Payne, his book 'Spiritual Warfare: Christians, Demonization, and Deliverance' is a must read. There's so many practical insights in here. Now, Karl, in my reading on this and we're going to have in the show notes of this show, ladies and gentlemen, some links that you can go to get more on this in addition to Karl's book.

We'll put Karl's website in there as well. It seems to me that at least two ways that demons try and affect us is through number one, temptation and number two, accusation. You know, temptation is when we say to ourselves or we're given the thought, you know, God is keeping something from me. He's keeping something good from me and I really deserve this.

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In other words, I really want something I shouldn't have, and I don't have any guilt about it. And then accusation is more, you know, you're such a worthless sinner, God could never forgive you. Look at all the evil you've done. In that case, I've got too much guilt, right?

Too much guilt is being put on me. I don't know the power of the Gospel. So, in temptation, there's no guilt and in accusation there's too much guilt. Dr. Karl Payne, are these a couple of the ways that Satan works? And if so, how do we deal with it?

**KARL:**

Yeah, I would say that's really good. I appreciate that. I may steal some of that and try to remember to give you credit for it. When I'm at a conference or teaching a class or whatever on something like this, I will usually say, and again, this shouldn't be a surprise to believers.

Revelation 12:10-11. You know, John says that Satan accuses the brethren day and night. It just feels like it's ongoing. It may not be literally 24/7. Paul says in Ephesians 6:16, we've already talked about, you know, that last chapter in the book of Ephesians.

Why would it be there if we didn't have to understand it and work with it? But he says in verse 16, you've been given a shield of faith which will put out the fiery arrows. I tell people fire is supposed to burn; it's supposed to hurt you. And I would assume that if I've been given a shield to put out the arrows, I ought to understand as a believer, not to be real surprised if I don't get shot at.

I would almost spin it a different way and say, if you tell me you're a believer and you never get shot at, I'm going to say, you better check your salvation and find out. Because if someone thinks you are so, so out of this whole situation, they don't need to try and trip you up.

You may be big in your own eyes, but you know what? I don't. Most of the time, the people that represent the best target are the people that they represent, they think represents an enemy. The enemy is the one who loves Christ and spreads a message that they hate. So, maybe it's counterintuitive, but when someone says, how come I get shot at?

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I say, probably because you want to walk with God, and you want to be an ambassador for Christ. If you want to snooze, I'm a believer and I'll spend I'm out in the ocean paddling on an inner tube. Why bother you? Let you sleep, snooze on, brother. You're not hurting anybody. Why wake you up?

So, yeah, you know, we're talking about arrows that hurt, we're talking about accusation, says John and Paul. And I've said, here's how it usually works. Frank, I would say that if I was going to percentage on it and remember, this is not scientific. It's just me working 40 plus years with this. I would say the overwhelming majority of the time, probably up in the 90 percentile kind of thing, when I have people finally concerned enough because they'll say, I've prayed, I've fasted, I've talked with my counselor.

It just doesn't stop. The drugs slow it down a little bit, but then I get mocked. I'm hearing stuff like, you're fat, you're ugly, you're stupid. Jesus left you. He doesn't love you. Your prayers bounce off the ceiling. Why do you pray? Bible reading, you can read novels by the hour, but you clearly don't love the word of God like a Christian would because you fall asleep trying to read your Bible.

It's a battle to get you read your Bible. You're not even saved. Don't you get it? It's never going to change. Do you know what an embarrassment you are to God Almighty? Why if you killed yourself, you'd actually be helping people come to Christ. Because instead of people seeing your testimony as such an undisciplined believer and saying, if that's what Christians are about, I don't want to be one of those.

If you would take yourself out, people would see it as something bad, but you would know you're doing this because you can have no greater love than to lay your life down for your friend. And I am so concerned about the salvation of others. I'll take myself out of the picture because I'm a loser with this Jesus stuff, and I don't want to scare people away. In other words, they'll almost glamorize and make it sound virtuous when they're hearing kill yourself, it's never going to change.

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So, I have said, do I get people with the physical war? Yeah. Think of Luke 13, the woman bent over. He says, you know, 18 years by a spirit. Paul, 2 Corinthians 12, you read Koine Greek. I've been reading Koine Greek since I was 19.

So, if someone says, I'll read the language, I'll say, I can, you know, do you really? Or you passing on cliches? But in 2 Corinthians 12, you know, when Paul says an angel of Satan, that's what the language says. A demon was sent to buffet me, you know, and I tried three times saying, Lord, make this stop.

And because of this, and this is the Karl interpretation. So, I may be wrong, but because of the value of the revelation that He let me see, in other words, I was taken up into a third heaven. He wanted to keep my feet planted on earth. He said He allows a demon to bother me, I think, just to keep me to remember.

And I depend on him. I'm not all that and that, but whatever else it means, he certainly says, I'm being buffeted by an angel of Satan. And Paul was clearly a believer. And so, I'm saying, when I look at that kind of thing, why a shock? What is it? It's usually mental. Occasionally, sometimes it's physical.

I deal with that. But most of the time it is this battle that won't turn off. You're a loser. God doesn't love you. He may have loved you once. The prayer you read didn't work. You know, your prayers bounce off the ceiling. You know, no one likes you.

Why do you go to church? They're all fakes. All the pastors want to do is take your money, but it doesn't. It feels like John says, It's 24/7, or it feels like Paul said it's these arrows? And they hurt. And I'm saying, I just assume that's part of being a Christian and part of being human.

So, when someone said to me, when the missionary said, you've never learned. You don't even recognize this, I go, don't all people go through that? I gave him an illustration, Frank. Again, when I say I'm an ordained concerning Baptist minister, I am. I mean, pretty conservative.

The schools, if anybody knows much about schools, Multnomah and Western, at least at the, you know, pretty solid Bible. But I would say to him, I said, well, like, I'm preparing a sermon

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and I'm up there and I don't work on enough sleep anyway, because, you know, I need to go to bed earlier.

But any rate, I'd be going and I'm working on something. And then I get this thought in my head, no, that's not right. You know, you missed it. Try, you know, do it again. And so, I'm looking down and thinking, okay, Lord. I guess that's not what you want. So, I keep working and it's like, no, that passage isn't right. You know?

So, I go, okay, maybe I'm just missing the [unintelligible]. And I move over to another, you know, text, and I start working on this. And after a while, I got these pile of papers hanging around me. My wife comes in, says, and you've been working on that thing two, three hours already. What's going on? I go, I don't know. Each time I go, I think something must be wrong with it. Why?

I just get this thought in my head. I've missed it. And I want to preach what God wants me to preach. That missionary just started laughing. He said, son, you don't understand what's going on. I said, yeah, I don't get enough sleep, I guess, or, you know, it's too late. I need to wait until tomorrow morning.

He says, when you're hearing, you know, you're not an adequate preacher. No one's going to learn anything from you. That's the wrong passage. What are you doing preaching that? You should say it this way. And you sit there just getting frustrated. I'm saying, there are people that go through that every day.

And sometimes your intro was right. It can be physiological. They're just imbalances of some kind. Sometimes it can be psychological. Something's broken. You know, I'd never thought the one about being moral. I like that that's where I said, I may steal that. But I've said, what if it's supernatural?

What if those are arrows trying to say, I can't keep you out of heaven. But if I can't keep you out of heaven, if I can keep you so confused you don't help other people get there, I'm going to throw everything at you I can to try and keep you discouraged, despondent, doubting, you know, whatever it is.

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So, at least you won't open your mouth up. Bad enough I lost you to heaven. I don't want you helping other people. And I'm saying I had gone through that kind of thing for years, Frank, and not given it a thought. And I'm thinking, where is that? Or I'll give you one. Maybe I'm not supposed to say this, but, you know, I'm pretty straightforward.

I go up to preach. And most of the time people would say, he's a pretty fair speaker, preacher, whether it's whatever. I enjoy doing that. I think I'm gifted to do that. But I'd walk up, I'm ready to roll, and I would get this thought just before I'm ready to speak, you know, curse Christ. I never would do that.

And I'd go, where did that come from? Maybe I stayed up so late working on this sermon, I'm just getting rummy, dummy. I preached this, but I'd sit there in the backside and think, I don't think that way. I would never do that. That's not something I'm inviting.

And my missionary buddy, you know, the pastor, he just chuckled, and he says, welcome to spiritual warfare, friend. Well, why would they be shooting that stuff at me? Because they know you don't run, they know you're a soldier.

They know you're going to be sharing stuff about what it means either to discipleship trainer. Frank, I have people say, I have Bible studies. I'll say, that means something to me when you can hand it off to somebody else.

So, whether it's discipleship training with believers or whether it's the gospel for the non-Christian, I'm about both of those. So, if the other side saying, if we can just get you doubting, if we can just get you going, where is that? At least we can slow you down.

**FRANK:**

Everyone who lives a faithful life in Christ Jesus will be persecuted says Paul.

**KARL:**

Boom!

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**FRANK:**

And yeah, if you're not doing anything, you're probably not going to be attacked. But if you're out there trying to make disciples of all nations, chances are you're going to come under attack. Now, what does the attack look like? We talked a little bit about temptation and accusation.

The question is, what other ways does Satan attack us or do demons attack us? And what can we do about it? We're out of time in this podcast, but Karl, you can stay for the midweek podcast. You already mentioned that to me. Friends, if you're listening to this on the American Family Radio Network, you will not hear the next podcast.

You've got to find the I Don't Have Enough Faith to Be An Atheist podcast. And on this coming Tuesday, the 21st of January, we'll release our continued conversation with Dr. Karl Payne. In the meantime, pick up the book 'Spiritual Warfare' by Dr. Karl Payne. Karl, what's your website?

**KARL:**

The easiest way is just remember my name. [KarlPayne.org](http://KarlPayne.org).

**FRANK:**

[KarlPayne.org](http://KarlPayne.org), Karl with a K. [KARLPAYNE.org](http://KARLPAYNE.org), we'll put it in the show notes. And ladies and gentlemen, you don't want to miss the rest of our conversation on spiritual warfare.

Also, get the book 'Spiritual Warfare'. Look in the show notes for much more. And Lord willing, we will see you here on Tuesday on the I Don't Have Enough Faith to Be an Atheist podcast. See you then. God Bless.

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